









THE POWER OF ASKING

Career Development Tool

CAREER COMPETENCY	*Inclusive Teamwork*
DESCRIPTION *Quick summary of the tool*	*A quick reflection activity for students to think about the importance of asking for help.*
GOAL	*To reveal the power of asking for help.*
TO CONSIDER *Thoughts to consider when deciding whether to use this tool*	*NONE*
PREPARATION *Preparation needed prior to facilitating this tool*	*NONE*
SUPPLIES & COST	*Video Link: https://www.youtube.com/watch?v=zkTf0LmDqKI*
INSTRUCTIONS *Detailed instructions to facilitate this tool*	1. *Present the video to students* 2. *Ask students: How did asking for help, help Steve Jobs? What prevents you from asking for help?* 3. *Have staff share (i.e. pair share, group share-out).* 4. *Debrief to explain the goal of the video.*
FACILITATOR TIPS *Tips for facilitating this tool: variations, ways to tailor tool to your staff area*	*This tool is meant to start a conversation. It is recommended to use this tool to introduce the career competency.*
DEBRIEF QUESTIONS *Questions for student employees to think about*	*Think about a time where you asked for help. What was the outcome?*